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Weekly Bulletin of Rotary Club of Rajkot Midtown
Club 31287 • R.I. District 3060

Midtownmer

UNITE FOR GOOD



Rotary
Club of Rajkot
Midtown

HIGHLIGHTS

SURGEON MEGA ORTHOPEDIC CAMP ORGANISED ON 5TH APRIL... WE NEED VOLUNTEERS FOR THE SAME. DO JOIN IN LARGE NUMBERS



DATE
30/03/2026

ISSUE NO.
35



MEETING DETAILS

There is no meeting this week

CAMP DETAILS

Date : 05th April 2026
Day : Sunday
Time : 8 am to 11 am Registrations and Consultation
Venue : D.P.M.C

Dr. Ketan Thakkar, Dr. Nishith Sanghvi, Dr. Bhavesh Sachde and Dr. Jay Dalsaniya, Orthopaedic Surgeons, shall be rendering their services Physiotherapy team includes Dr. Devangi Vaishnav, Dr. Devki Sheth, Dr. Pallavi Dhabalia, Dr. Adarsh Makwana, Dr. Shweta Dave and Dr. Hiral Vala Midtowners are requested to volunteer in large numbers.



BIRTHDAY WISHES - MANY MANY HAPPY RETURNS OF THE DAY!!



Bharat Mithani
4th April
98242 20177



Vijay Nagrecha
4th April
98242 31532



Yash Kumbhani
4th April
76763 87263



CLUB NEWS

A unique concept to relate Golf with Service above self was beautifully narrated by PDG Parag Sheth... it was an honour to have him with us... He is one of the most successful PDG's ever and a very inspiring Rotarian. He is the highest TRF donor of all times.. Golf has changed his life's perspective.. He had organised 60th IGFR World Golf's Championship in India.. which was one of its kind and first time ever in India.. Kudos to him and his vivacious wife Punamben Thanks a million PDG Paragbhai for addressing our club.. thanks to Nileshbhai Changani for coordinating and PDG Dipakbhai and Minaxi for obvious reasons

Bulletin Editors
2025 - 2026

Dr. Devangi Vaishnav
Dr. Ketan Thakkar

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Dr. Nishant Rathod
Consultant Pediatric Neurologist
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)



Vote of thanks was given by Nileshbhai Changani, who is actively participating in Golf with PDG Paragbhai

સ્પર્ધા નહીં, સ્વાસ્થ્ય માટે દોડ - રાજકોટમાં અનોખું Duathlon આયોજન*

****140 જેટલા ભાગલેનાર જોડાયા, SP વિજયસિંહ ગુર્જરની હાજરીએ ઉમેર્યો ઉત્સાહ****

રાજકોટ : તા. 29 માર્ચના રોજ Rajkot Cycle Club દ્વારા Rotary Midtown Library ના સહયોગથી ****Duathlon (21 Km Cycling + 5 Km Running)**** નું સફળ આયોજન કરવામાં આવ્યું હતું.

આ ઇવેન્ટમાં આશરે 140 જેટલા ઉત્સાહી ભાગલેનારોએ ભાગ લીધો હતો. ઇવેન્ટ સવારે 6:00 વાગ્યે Rotary Midtown Library, અમીન રોડ પરથી શરૂ કરવામાં આવી હતી.

****ઇવેન્ટનો Flag-off રાજકોટ SP શ્રી વિજયસિંહ ગુર્જર (IPS), ડૉ. જતીનભાઈ મોદી, શ્રી જિગ્નેશ કામદાર અને શ્રી આકાશ પારેખના હસ્તે કરવામાં આવ્યો હતો.****

Rajkot Cycle Club હંમેશાની જેમ આ ઇવેન્ટમાં પણ ****સેફ્ટીને પ્રથમ પ્રાથમિકતા**** આપી હતી. દરેક ભાગલેનાર માટે ****હેલ્મેટ તથા હેડલાઇટ** અને ટેઇલલાઇટ ફરજિયાત** રાખવામાં આવી હતી તેમજ પૂરતું માર્ગદર્શન અને સપોર્ટ ઉપલબ્ધ કરાવવામાં આવ્યો હતો.

આ ઇવેન્ટ માટે કુલ 2.5 કલાકનો cutoff સમય નક્કી કરવામાં આવ્યો હતો, જેમાંથી 139 ભાગલેનારોએ સફળતાપૂર્વક સમયમર્યાદામાં પૂર્ણ કર્યું હતું. આ ઇવેન્ટમાં કોઈ સ્પર્ધાત્મક માળખું રાખવામાં આવ્યું નહોતું. નક્કી કરેલી સમયમર્યાદામાં ઇવેન્ટ પૂર્ણ કરનાર તમામ ભાગલેનારોને મેડલ આપી સન્માનિત કરવામાં આવ્યા હતા. ઇવેન્ટ પૂર્ણ થયા બાદ તમામ ભાગલેનારો માટે નાસ્તાની વ્યવસ્થી પણ કરવામાં આવી હતી.

ઇવેન્ટની ખાસ વાત એ રહી કે રાજકોટ SP શ્રી વિજયસિંહ ગુર્જર (IPS) પણ તેમાં જોડાયા હતા. તેમણે ઉત્તમ ફિટનેસ દર્શાવતા Duathlon ને 2 કલાકથી ઓછા સમયમાં પૂર્ણ કર્યા હતા.

શ્રી વિજયસિંહ ગુર્જર સાહેબે Rajkot Cycle Club અને Rotary Midtown ના volunteers ના પ્રયાસોની પ્રશંસા કરી હતી.

આ ઇવેન્ટનો મુખ્ય હેતુ શહેરમાં ****fitness awareness ફેલાવવાનો અને લોકોને સ્વસ્થ જીવનશૈલી તરફ પ્રેરિત કરવાનો**** હતો... Kudos to IPP Divyeshbhai Aghera and Team.

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UNITE FOR GOOD CLUB ACTIVITIES

Around 80 girls were educated about the importance of the cervical cancer vaccine during an awareness drive held on Tuesday, 24th March. Myths, especially regarding infertility, were effectively addressed and clarified.

The session was conducted by Dr. Darshna Pandya and Dr. Shaili Mody at Hari Om School, with the support of Principal Rtn. Jagrutiben Bhatt. Along with vaccination awareness, the girls were guided on menstrual hygiene, balanced nutrition, and adequate hydration. Keep the good going Dr. Shaili.. Kudos to Rita Chauhan for co ordinating.



On World Epilepsy day, i e 26th March, a free Neurology camp was held at D.P.M.C. Dr. Mitul Kasundra (Neuro physician) rendered his valuable services.

Donation of 1lac rupees was given by Jitendrabhai and Gitaben Tamboli, at Hari Om school, for starting a new library... Thanks a lot... kudos to Jagrutiben Bhatt (she is the principal of that school) for all the efforts put in.. and hats off to our dynamic lady, Dr. Banubem Dhakan for such initiatives and suggestions.

Dr. Suhaginiben Thakkar, a very senior gynecologist and Dr. Ketanbhai's mother, was felicitated by the gynecologist association... her journey is truly inspirational.... many many congratulations to her



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Dr. Niranjana Sir and Dr. Pratima madam were felicitated by the Gynec society.. indeed well deserved.. Congratulations.



Asha Bhavbhuti Nathwani is coming up with MINDSHIFT STUDIO, a dedicated space for deep transformation through Hypnosis and Neuro Linguistic programming.. Wishing her all the best for the new venture.

“How Rotary can play a role in supporting mental well-being”, an article by our member Mr. Chetan Bhojani covering a Mental Wellbeing session conducted at Rotary Midtown Library on January is featured on Rotary International Website under “Rotary 360” Section. A Proud moment for Rotary Club of Rajkot Midtown for getting recognized on Rotary International Platform.. Congratulations Mr. Bhojani.

Requesting club members to donate towards The Rotary Foundation (TRF) and do purchase Masala box.. it's at 1500/piece... let's contribute and reach out to the maximum beneficiaries.



ROTARY INTERNATIONAL NEWS

WATER BEYOND WELLS

With dams, rainwater collection, and purification systems, Rotary and Rotaract clubs help people access clean water
By Etelka Lehoczky

Access to clean water and sanitation can determine whether a child gets an education. That's what Rotaract club members in the Ashanti region of Ghana learned when they explored ways to improve schools in their area.

The schools the club members visited faced water shortages and relied on contaminated water, resulting in high levels of diarrhea, dysentery, and other illnesses. There were no modern toilets, and girls didn't have private spaces for menstrual hygiene. The lack of water affected every aspect of the students' lives. The wide-ranging impact of water access is highlighted on the United Nations' World Water Day, observed on 22 March.

“Water bankruptcy is becoming a driver of fragility, displacement, and conflict,” Tshilidzi Marwala, undersecretary-general of the UN, said in January. “Managing [water] fairly — ensuring that vulnerable communities are protected and that unavoidable losses are shared equitably — is now central to maintaining peace, stability, and social cohesion,” Marwala said.

More than 2 billion people around the globe lack clean, safe drinking water. Helping people gain access to clean water and sanitation is a top priority for Rotary, which includes the issue among its seven main causes.

With a US\$57,000 global grant from The Rotary Foundation, members of the Rotaract clubs of Kumasi and Obuasi in Ghana brought clean water and sanitation facilities to eight schools in the Ashanti region. Their project installed around 80 microflush toilets and 10 urinals, constructed changing rooms for girls, and drilled borehole wells at two schools. Ghanaian Rotary and Rotaract clubs and Rotaract clubs in Turkey and the U.S. supported the initiative. It benefited more than 6,000 people.

Other recent Rotary projects in Mexico, Kenya, and the Dominican Republic highlight the far-reaching impact of water accessibility.

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